

# Chop Chilly

This game is excellent for pulse and co-ordination.

## How it's played:

Children and teacher are sat in a circle. The teacher starts by saying this simple rhyme:

**C**hop chilly, chop chilly, chop, chop, chop.

(Rhythm: ti-tika, ti-tika, ti-ti, ta. Or: ta, ti-ti, ta, ti-ti, ta, ta, ta)

Using your hands, make a chopping action on your legs on the pulse of the rhyme. If you're not sure of the pulse chop your legs where the capital letters appear.

**CHOP** chilly, **CHOP** chilly, **CHOP**, chop, **CHOP**.

### Level 1

The teacher starts by doing a chopping action on his/her legs, while saying the rhyme. The children repeat the action while chanting the rhyme. The teacher then changes the action, perhaps patting his/her head on the pulse, or clapping on the pulse. The children repeat and copy accordingly. The teacher always starts and finishes by "chopping chilly".

### Level 2

The teacher starts as per level 1, but this time as the children copy, the teacher starts a new action. The children will stay a step behind the teacher, and so will finish one chant later.

### Level 3

As per level 1 and 2, the teacher starts the actions, but only the child to the left of the teacher copies. The next child to the left then copies the original copying child and the action makes it's way around the circle. The teacher continues to change the action and finishes – again by chopping chilly. This level relies on each child copying the person to his/her right successfully.

### Level 4

The teacher now changes the action PER PULSE BEAT. That's four different actions per chant! The children follow each other's chopping around the circle, just like in level 3.